

# 6 BENEFITS OF THE ZYTO

## FOODS FOR WELLNESS SCAN

### 1 SCAN FOODS AS BALANCERS

Scanning for digital signatures of foods as balancers helps you focus on foods that will best assist you in reaching your wellness goals.



### 2 SCAN FOR MORE THAN 450 FOODS

Hundreds of digital signatures of foods are available to scan in several different categories, including vegetables, fruits, fats & oils, beans and legumes, and beverages.



# 2

### 3 SCAN FOODS AS STRESSORS

Scan for digital signatures of foods and related items that are considered stressors to the body, such as herbicides, GMO foods, food additives, and pesticides.



### 4 FILTER OUT FOODS BASED ON DIET

Selecting any diets you may be following before the bio-survey removes those items from scan results, making the reports more helpful and insightful.



# 4

### 5 GAIN KEY INSIGHTS FROM REPORTS

The 10 reports break down your top overall food Virtual Items, top food items by category, top non-coherent food items, and more to reveal key insights about your diet choices.



### 6 USE AS A SHOPPING LIST

Use your top food Virtual Items as a shopping list, and choose top foods from each category to add variety to your diet.



# 6